

### **Level 1 Answer (Simple, basic, limited development)**

My family and I usually buy food from a supermarket near our home because it is easy to go there and we can find everything we need. Sometimes we also go to the local market to buy vegetables because they are fresh and cheap.

For special celebrations such as birthdays or festivals, we usually buy more food than usual. We buy cakes, meat, snacks and drinks, and everyone eats together. It is fun and the food tastes good.

I think in the future people may eat healthier food because they know more about health. However, some people will still prefer fast food because it is quick and easy.

Buying food from the local area is a good idea because the food is fresh. But it may not be possible to buy only local food because not all food is produced nearby.

Many people waste a lot of food because they buy too much. This is a problem and people should try not to waste food.

### **Level 2 Answer (More fluent, clearer opinions, some expansion)**

My family usually buys food from supermarkets because they are convenient and sell many kinds of food in one place. However, we also buy fruit and vegetables from local markets because they are fresher and sometimes better quality.

When there are special celebrations such as birthdays, weddings or national festivals, we usually prepare special food. This includes traditional dishes, cakes and meat dishes. The atmosphere during these celebrations is lively and enjoyable, and sharing food helps people feel closer to each other.

I believe that in the future, the food people eat will become healthier because more people are aware of healthy lifestyles. For example, many people are already choosing food with less sugar and fat. However, unhealthy food may still be popular due to busy lifestyles.

Some people think that we should only buy food produced locally. This is a good idea because it supports local farmers and reduces pollution. On the other hand, it may be difficult because people like having a variety of food from different countries.

In my opinion, many people waste food because they buy too much or do not finish what they buy. This causes serious problems, and people should plan their shopping more carefully to reduce food waste.