

May 2024

Part 1 Frame 1

1. The most important person in my life is my mother. She is my best friend and my mentor.

2. I really like her care and understanding. She always listens to my problems without judging me and encourages me to do my best.

3. Sometimes she sets high standards on me, which can be a bit stressful. For example, she always checks if I have finished my homework or studied enough, even when I feel confident.

4. Yes, my father is also very important. He is supportive and always helps me with practical things, like solving problems or learning new skills.

Part 1 Frame 2

1. My favourite day of the week is Saturday because I don't have school and I can relax.

2. I like spending time with my friends on Saturday. We often play basketball or go to the mall together, which is fun and helps me feel happy after a busy week.

3. Sometimes I don't like Saturdays because they go by too quickly. I feel like I don't have enough time to do everything I want before Sunday comes.

4. My least favourite day is Monday because it's the first day of school. I often feel tired after the weekend and it can be hard to wake up early and start studying again.

Part 1 Frame 3

1. In my free time, I like playing basketball, listening to music, and reading books.

These activities help me relax and enjoy myself after a busy day at school.

2. I usually go to the park or a shopping mall to hang out with my friends and have a blast

3. I usually spend my free time with my friends because we always share the same interests and it' s enjoyable to hang out with them.

4. If I had more free time, I would like to learn how to cook and also try painting.

These activities seem fun and creative, and I think they could help me develop new skills.

Part 1 Card 1

I think mobile phones play a very important role in our lives today. They are not only useful but also make life more convenient and connected.

First of all, mobile phones are important for safety. For example, if someone has an emergency, they can call for help immediately. Parents can also contact their children easily, which makes everyone feel more secure.

Mobile phones are also a source of fun. People can listen to music, watch videos, play games, or chat with friends. These activities help us relax and enjoy our free time.

In addition, mobile phones are useful for work and study. We can send emails, join online meetings, and search for information quickly. This makes work and learning much more efficient.

Mobile phones also help with travel. For example, we can use GPS apps to find directions, book tickets online, or check the weather before going out. This makes travelling safer and easier.

Finally, I think mobile phones have become a part of our daily life. They help us stay connected, informed, and entertained, but it's important to use them in a balanced way so that they don't become distracting or harmful.

PART THREE-FRAME 1

•Do you have a mobile phone? (Why is that?)

Yes, I have a mobile phone. I use it to stay in touch with my family and friends, and also to check important news or messages.

•Do other members of your family have a mobile phone? (Why is that?)

Yes, all my family members have one. It's useful for communication, planning trips, and staying safe in case of emergencies.

•What are the disadvantages of having a mobile phone? (Tell me about them.)

Mobile phones can be distracting, especially if people spend too much time on social media or games. They can also affect sleep and reduce face-to-face communication.

•At what age do you think young people should be allowed to have their own mobile phone? (Why is that?)

I think children can have their own mobile phone from around 12 or 13. At this age, they are responsible enough to use it safely and for learning or communication purposes.

•Do you think mobile phones should be banned in schools? (Why is that?)

I think they should be limited, but not completely banned. Phones can be useful for learning and research, but they can also distract students during lessons.

•How can mobile phones be used in the workplace? (Tell me about that.)

In the workplace, mobile phones can be used to make calls, send emails, or join online meetings. They make communication faster and more convenient.

•Some people say that life would be better without mobile phones. Do you agree?

I don't completely agree. Life would be slower and less connected without mobile phones, even though overuse can cause problems. Phones make communication and access to information much easier.

•Do you think mobile phones will continue to be used in the future? (Why is that?)

Yes, I think they will always be used because technology is becoming more advanced, and mobile phones are very convenient for work, learning, and social life.

•What advice would you give to someone who uses a mobile phone too much?

I would suggest setting time limits and taking breaks from the phone. They could also focus on other activities, like sports or reading, to balance their life better.

Part 1 Card 2

I think it is very important to have plans for the future because they help us stay focused and achieve our goals. Planning gives us direction and makes life more organized.

First of all, plans are important for education. For example, if students know which subjects they want to study at university, they can work hard in school to prepare. Having a clear goal helps them make better choices and stay motivated.

Plans are also important for work. People who know what career they want can gain the right skills and experience. This makes it easier to find a good job and succeed in their professional life.

Besides that, planning can help with travel and family life. If we plan a trip carefully, we can make the most of it and avoid problems. For family, planning helps balance work, study, and time together, which is important for happiness.

Finally, planning gives us a sense of security and confidence. Even if everything doesn't go exactly as we expect, having a plan helps us prepare for challenges and make better decisions.

In conclusion, making plans for the future is very important because it helps with education, work, travel, family, and personal growth. It makes life more organized, focused, and meaningful.

PART THREE-FRAME 1

•Where would you like to travel to in the future? (Why is that?)

I would like to travel to Japan in the future because I'm very interested in its culture and technology. I also want to see famous places like Tokyo, Kyoto, and Mount Fuji.

• Where would you like to live in the future? (Why is that?)

I would like to live in a big city in the future, such as Shanghai or Singapore. Big cities have more job opportunities, better public transport, and lots of interesting places to visit.

•What job would you like to have in the future? (Tell me about that.)

I would like to become an accountant. I enjoy working with numbers and analysing financial information. It is also a stable and respected career that can offer many opportunities.

•From what age should people start thinking about what job they would like to have in the future? (Why is that?)

I think teenagers should start thinking about their future jobs around 14 or 15. This is a good time to explore their interests and choose subjects in school that match their future goals.

•Who can help people to plan their futures? (Tell me about them.)

Teachers, parents, and career counsellors can all help. Teachers can give advice

about subjects, parents can share life experience, and career counsellors can explain different career paths and requirements.

•Why do you think some people avoid thinking about what they want to do in the future?

Some people avoid it because they feel uncertain or worried about making the wrong choice. Others may feel too young or too busy to think about it seriously.

•In what ways do you think your country will change in the future? (Tell me about that.)

I think my country will become more modern and technologically advanced. For example, there will probably be more smart cities, better transportation, and improvements in education and healthcare.

•Some people say that robots will have a more important role in our lives in the future. Do you agree? (Why is that?)

Yes, I agree. Robots and artificial intelligence can make work more efficient and help with tasks like cleaning, driving, or even medical surgeries. However, humans will still need to manage and control these technologies.

•What other changes do you think there will be to our lives in the future? (Tell me about them.)

I think people will rely more on technology for communication, learning, and

shopping. There may also be more focus on environmental protection, renewable energy, and sustainable living.

Part 2 Card 3

I think parks and green spaces are very important for everyone. They provide many benefits for both people and the environment.

First of all, parks are good for **mental health**. Spending time in nature helps people feel relaxed and reduces stress. For example, walking or sitting in a quiet park can make you feel calm after a busy day.

Parks are also important for **physical health**. People can exercise, play sports, or go jogging in green spaces. This helps improve fitness and keeps the body healthy.

Besides that, parks protect **animals** and provide a home for birds, squirrels, and other wildlife. They also preserve **plants and trees**, which clean the air and make the environment more beautiful.

Finally, green spaces bring people together. Families can have picnics, friends can meet to play games, and communities can enjoy outdoor activities. In short, parks are essential for health, nature, and social life.

In conclusion, having parks and green spaces is very important because they improve mental and physical health, protect wildlife, and make cities more pleasant places to live.

PART THREE-FRAME 1

•What parks and green spaces do you have where you live? (Tell me about them.)

I live near a big city park and a small community garden. The city park has a playground, a jogging track, and a small lake, while the community garden has flowers, benches, and quiet areas to relax.

•What do you like to do in the parks and green spaces where you live? (Tell me about that.)

I like jogging and playing basketball in the city park. I also enjoy reading or listening to music in the community garden because it's peaceful and quiet.

•Is there anything that you do not like about the parks and green spaces where you live? (Tell me about that.)

Sometimes the parks are too crowded on weekends, which makes it hard to enjoy them. Also, some areas are not very clean because people leave litter behind.

•Why do some people think that parks and green spaces are not important?

Some people think parks are not important because they believe the space could be used for buildings, shopping malls, or roads. They may not realize the benefits of green spaces for health and the environment.

•How could people be encouraged to use parks and green spaces more?

Cities could organize events like sports competitions, outdoor concerts, or community activities. Making parks clean, safe, and accessible also encourages more people to visit.

•Who should look after parks and green spaces? (Why is that?)

Local governments and communities should take care of parks. Governments can provide funding and maintenance, while communities can help by planting trees, cleaning, and protecting wildlife.

•Some people say that there should be more parks and green spaces in cities.

Do you agree? (Why is that?)

Yes, I agree. Cities are often crowded and noisy, so more green spaces can improve air quality, provide areas for exercise, and make urban life more enjoyable.

•How could parks and green spaces be improved for animals and wildlife?

(Tell me about that.)

Parks could plant more native trees and flowers, create small ponds, and avoid using harmful chemicals. This would give animals food, shelter, and safe habitats.

•What would happen if there were no parks and green spaces in your country? (Tell me about that.)

Without parks, people would have fewer places to relax and exercise, which could harm physical and mental health. Animals would lose their homes, and

cities would become less pleasant and more polluted.